



American Yacht Club
Rye, NY USA
2019 High Performance Regatta
and
J/70 East Coast Championship
October 12th & 13th, 2019

SAILING INSTRUCTIONS

1 RULES

- i. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- ii. The Racing Rules of Sailing Appendix T "ARBITRATION" shall apply.
- iii. US Sailing Prescription Appendix V1 "PENALTY AT THE TIME OF AN INCIDENT" shall apply.
- iv. J/70 Class Rules 111.1.3 (Support Boats) and 111.1.4 (Corinthian Division) will apply.
- v. The Orange Fleet will use the standard starting sequence as prescribed by RRS 26. The Yellow Fleet will use Appendix U.
- vi. All Boats on the Orange course must carry a floating towline, minimum 3/8" diameter and 30 feet long. All boats on the Yellow course are highly encouraged to carry bowlines in addition to their mainsheets.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the Event Website <https://yachtscoring.com/emenu.cfm?eID=9579>.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 0800 on the day it will take effect, except any change in the schedule of races will be posted by 1900 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- i. Signals made ashore will be displayed from the main club flagpole located on the front lawn of the main clubhouse.
- ii. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 RADIO COMMUNICATIONS - EMERGENCY ONLY

Competitors may use Channel 68 to contact the Safety & Rescue boat.

6 SCHEDULE OF RACES

One race is required to be completed to constitute a series.

Saturday, October 12

0900 Competitor's Briefings: Orange Circle in front of AYC clubhouse, Yellow Fleet in front of AYC Junior clubhouse.

1030 Scheduled First Warning Signal of the day (All Classes)

Sunday, October 13

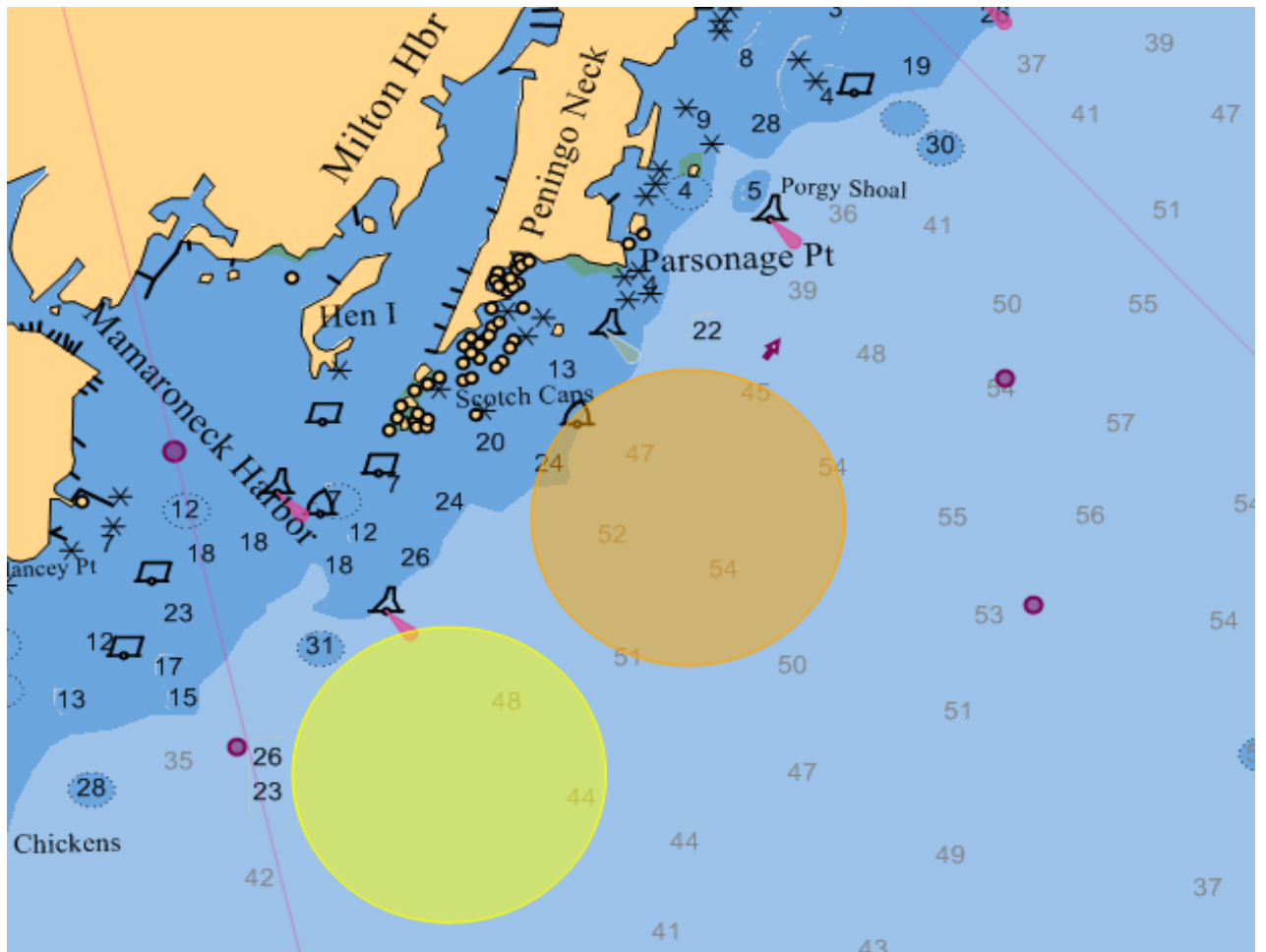
1000 Scheduled First Warning Signal of the day (All Classes)

1500 No Warning Signal will be given after this time

After racing on Sunday, the awards ceremony will be held as soon as possible on the Club's Main Terrace.









7 RACE CIRCLES

- i. There will be two race circles off Milton Point, Rye, New York. The Orange Circle will be located approximately 1.0nm East of Milton Point. The Yellow Circle will be located approximately 1.0nm South of Milton Point.
- ii. The race committee signal boat for the Orange Circle will be "Peningo" (a white hull lobster boat). The race committee signal boat for the Yellow Circle will be "Abbey Girl" (a white hull, twin outboard Mako).



8 CLASS FLAGS

Orange Course Class flags will be numeral pennants as shown below, and Yellow Course class signals will be shown on a white board displayed on the race committee signal boat.

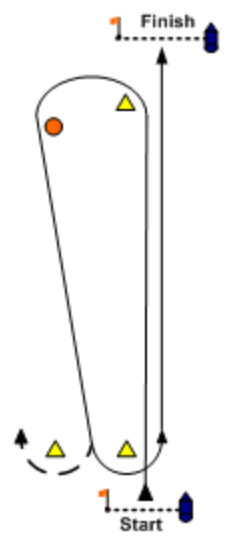
Orange Circle			Yellow Circle				
							
1	2	3	4	5	6	7	8
J/70	K6	29er	I420	RS Aero	Laser	C420	RS Feva

9 COURSES FOR THE ORANGE CIRCLE

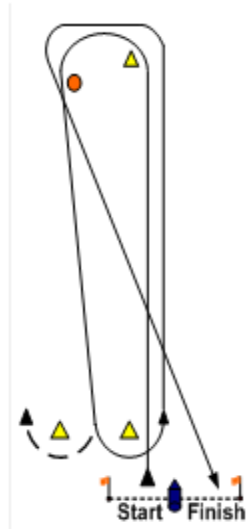
- i. The following diagrams show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Example:

(3) Course



(4) Course



- ii. The race committee signal boat will display the magnetic bearing and range, in nautical miles, from the signal boat to the first mark and the number of legs for each class. All rounding marks and the start mark shall be left to port.
- iii. The race committee may set a leeward gate in place of a leeward mark. If there is a leeward gate, boats shall pass through the gate from the direction of the previous mark before proceeding on to the next leg of the course.
- iv. Boats shall not pass through the start or finish lines unless starting or finishing. A boat infringing this rule may not correct the error by sailing back through the start/finish line and leaving the start/finish marks on the correct side. This changes RRS 28.1. The line between the signal boat and the start/finish marks shall be considered an *obstruction* for RRS 19.
- v. For the 29er class sailing the WL course, a short weather mark may be used. The short weather mark will be a white tetrahedron with no offset mark on the same bearing shown on the signal board but at a distance that is 0.25nm shorter than indicated on the course board. The change mark for the short weather mark will also be a white tetrahedron at a distance that is 0.25nm shorter than indicated on the course board, also

with no offset mark. If a short weather mark is used, the course board will display a “7” and it will be announced before the start.

Sample Orange course board and configurations which may be read, left to right or right to left depending on the signal boat and location of the viewer (labels may not be displayed):

Bearing	Range	Class	Legs
2	0	1	6
3	.7	2	4
0		3	4
		4	2

10 COURSES FOR THE YELLOW CIRCLE

- i. The course for the competitors in the Yellow Circle will be given verbally before the start of each race. This will be discussed at the briefing on Saturday morning for the Yellow fleet in front of the American Yacht Club Junior Clubhouse.
- ii. All turning rounding marks and the start mark left to port.
- iii. The race committee may set a leeward gate in place of a leeward mark. If there is a leeward gate, boats shall pass through the gate from the direction of the previous mark before proceeding on to the next leg of the course. If there is only one mark present at the leeward area, then that mark should be rounded to port.

11 MARKS

- i. Orange Circle rounding marks will be Orange inflatable tetrahedrons. Orange Circle Start and Finish marks will be Yellow inflatable tetrahedrons. An offset mark may be set approximately 100 feet away from the windward mark and will be a small orange or red buoy. This mark, if set, must be honored regardless of the course being sailed.
- ii. Yellow Circle rounding marks will be Yellow inflatable tetrahedrons for windward mark and leeward mark. Yellow Circle Start and Finish marks will be Orange round buoys. There will be no offset marks on the Yellow Circle.
- iii. For the c420 and Feva classes sailing the WL course, a shorter weather mark may be used. The short weather mark will be an orange round buoy with no offset mark on the same bearing shown on the signal board but at a shorter distance. If a short weather mark is used, the course board will display a “7” and it will be announced before the start.

12 CHECK-IN AND RETIRING

- i. Before the first warning signal for the first race each day, each boat shall sail past the stern of the Race Committee Signal boat on starboard tack and check-in, and shall continue to do so until verbally acknowledged by the Race Committee
- ii. Boats retiring for the day, withdrawing from a race or not intending to start a race must notify the race committee or a safety boat before leaving the course, or when that is impossible, the club waterfront staff immediately upon arriving ashore.

13 THE START

- i. The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port end starting mark.
- ii. Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.
- iii. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- iv. The Race Committee may endeavor to hail sail numbers of boats who are OCS. Failure of the race committee to hail OCS boats, the timing of the hail, or failure of competitors to hear the hail shall not be grounds for requesting redress.

14 CHANGE OF COURSE AFTER THE START

To change the next leg of the course, the race committee will set a new mark (or move the finishing line) and remove the original mark as soon as practicable. In a subsequent change when a new mark is replaced, it will be replaced by an original mark. On the Orange course the change mark will be a yellow tetrahedron and on the Yellow course the change mark will be an orange tetrahedron.

15 THE FINISH

- i. For WL courses with an even number of legs, the finish will be between a staff displaying a blue flag on a race committee boat on the starboard end and the course side of the port end finishing mark.
- ii. For WL courses with an odd number of legs, the finish will be between a staff displaying a blue flag on a race committee boat on the starboard end and the course side of the port end finishing mark.
- iii. Flag A is displayed with no sound while boats are finishing means “No more racing today”.

16 TIME LIMIT

- i. The time limit for the first boat in each class to finish shall be 1 hour and 30 minutes.
- ii. A boat that fails to finish within **20 minutes** of the first boat in their class to sail the course and finish shall be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- iii. If a boat in the last place in a race is delaying the start of another race, the race committee may terminate the race and score that boat in the place she would have finished. This changes rule 35.

17 SAFETY REQUIREMENTS

All competitors shall wear a U.S. Coast Guard (USCG) or CE approved personal flotation device while on the water, other than for brief periods while adding or removing clothing. Flag Y will not be displayed. This changes Rule 40. [DP]

18 PROTESTS AND REQUESTS FOR REDRESS

- i. A boat intending to protest shall notify the race committee promptly after finishing that race. This changes Rule 61.1a.
- ii. Protest forms are available at the Jury Desk, located in the Lobby of American Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- iii. The protest time limit for each class shall be 1 hour after the race committee signal boat for their circle docks.
- iv. The expiration time for filing written protests and a list of protests in the approximate order in which they will be heard will be posted on the official notice board. Hearings will begin as soon as practicable.

19 HAUL-OUT RESTRICTIONS

Except with and according to the terms of prior written permission of the Organizing Authority, J/70's, once launched for the regatta, shall not be hauled until the conclusion of racing. No such restrictions shall apply to other classes.

20 SCORING and PRIZES

- i. When 6 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- ii. Prizes will be awarded following the conclusion of racing on Sunday, October 13, for first, second, and third-place finishers in a class or division.

21 CONDUCT AND RESPONSIBILITY

The skipper/owner shall be responsible for all actions of his or her crew or guests. In the event of a serious breach of conduct, sportsmanship, destruction of property, or failure to comply with the request of any race officer, committee member or agent of the American Yacht Club, the skipper/owner will be held responsible, and his/her boat shall be subject to protest and disqualification.

22 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially to tugs and barges. Any boat observed to impede such traffic may be protested by the race committee.

23 DISCLAIMER OF LIABILITY/RESPONSIBILITY FOR SAFETY

By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis, and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that American Yacht Club and its officers, trustees, members, committees, employees, Sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, Sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other American Yacht Club vessels, or patrol boats, from any personnel operating them, is at the risk of the participant.

24 OTHER DOCUMENTS

Forms, appendices, scratch sheet, and results related to this event are located at <http://yachtscoring.com>. Competitors should consult the official race committee Notice Board for final information.

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Email: aycrc@americanyc.org	Website: www.americanyc.org
Principal Race Officers	Sandy Weil and Kevin Broome
Protest Committee Co-Chairpersons	Rob Fear and John Fryer
Event Co-Chairpersons	Sandy Weil and Don Weld